

Sacramento Bar Plant List, Sorted by Plants Group, Category, Family, and Genus

For the hike on _____

Embryophytes

Isoetaceae (Quillwort)

Isoetes nuttallii Nuttall's quillwort

Ferns

Dryopteridaceae (Wood fern)

Dryopteris arguta California wood fern

Equisetaceae (Horsetail)

Equisetum Unknown Horsetail

Polypodiaceae (Polypods (ferns))

Polypodium calirhiza Nested polypody

Pteridaceae (Brake)

Aspidotis californica California Lace Fern
 Pellaea andromedifolia Coffee fern
 Pellaea mucronata Bird's foot fern
 Pentagramma triangularis Goldback fern

Magnolids

Aristolochiaceae (birthwort)

Aristolochia californica California pipe vine

Eudicots

Amaranthaceae (Amaranth)

Amaranthus retroflexus* (a-) rough pigweed

Anacardiaceae (sumac)

Pistachio vera* Pistachio nut
 Toxicodendron diversilobum Poison-oak

Apiaceae (Carrot)

Anthriscus caucalis* (a-) Burr chervil
 Apiastrum angustifolium (a-) Wild celery
 Conium maculatum*+ Poison hemlock
 Foeniculum vulgare*+ Fennel
 Torilis arvensis*+ (a-) Common hedge parsley

Apocynaceae (dogbane)

Vinca major*+ Periwinkle

Asteraceae (sunflower)

Achillea millefolium Yarrow
 Ambrosia psilostachya Western ragweed
 Artemisia douglasiana California mugwort
 Baccharis pilularis ssp. consanguinea Coyote brush
 Baccharis salicifolia Mule fat
 Brickellia californica Brickellbush
 Carduus pycnocephalus*+ (a-) Italian thistle
 Centaurea solstitialis*+ (a-) Yellow star thistle
 Chondrilla juncea*+ Skeleton weed
 Cichorium intybus* Chicory
 Cotula coronopifolia*+ Brass buttons
 Erigeron canadensis (a-) Canadian horseweed
 Euthamia occidentalis Western goldenrod
 Grindelia camporum Gum plant
 Heterotheca oregona Oregon golden-aster
 Heterotheca grandiflora (a/p-) Telegraph weed
 Lactuca serriola* (a-) Prickly lettuce
 Lessingia glandulifera (a-) Valley vinegar weed

Eudicots

Asteraceae (sunflower)

Madia elegans (a-) Common madia
 Pseudognaphalium beneolens Cudweed everlasting
 Pseudognaphalium californicum (a/p-) California everlasting
 Senecio vulgaris* (a-) Common groundsel
 Silybum marianum*+ (a/p-) Milk thistle
 Solidago velutina ssp. californica California goldenrod
 Sonchus oleraceus* (a-) Common sow thistle
 Tragopogon dubius* Yellow salsify
 Xanthium strumarium (a-) Rough cocklebur

Betulaceae (birch)

Alnus rhombifolia White alder

Bignoniaceae (trumpet creeper)

Catalpa bignonioides* Southern catalpa

Boraginaceae (borage) (Borage)

Amsinckia menziesii (a-) Common fiddleneck
 Plagiobothrys canescens (a-) Valley popcornflower
 Plagiobothrys greenii (a-) Greene's popcorn flower
 Plagiobothrys nothofulvus (a-) Popcorn flower

Brassicaceae (mustard)

Capsella bursa-pastoris* (a-) Shepard's purse
 Cardamine oligosperma (a/p-) Bittercress
 Hirschfeldia incana*+ Short pod mustard

Caprifoliaceae (honeysuckle)

Symphoricarpos albus Common snowberry

Caryophyllaceae (Pink)

Stellaria media* (a-) Common chickweed

Chenopodiaceae (saltbush)

Chenopodium album* (a-) lamb's quarters
 Dysphania ambrsioides* (a/p-) Mexican tea

Convolvulaceae (Morning Glory)

Convolvulus arvensis* Bindweed

Crassulaceae (Sedum)

Crassula connata (a-) Sand pigmyweed

Cucurbitaceae (Stonecrop)

Marah fabacea Wild cucumber

Euphorbiaceae (Spurge)

Croton setiger (a-) Turkey-mullein

Fabaceae (pea)

acmispon glaber California broom
 acmispon americanus var. americanus (a-) Spanish lotus
 Cytisus scoparius*+ Scotch broom
 Lupinus bicolor (a/p-) Miniature lupine
 Lupinus succulentus (a-) Arroyo lupine
 Lupinus nanus (a-) Sky lupine
 Lupinus benthamii (a-) Spider lupine
 Robinia pseudoacacia*+ Black locust
 Trifolium campestre* (a-) Low hop clover
 Vicia villosa* (a-) Winter vetch
 Vicia sativa* (a-) Spring vetch

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Sacramento Bar Plant List Continued....

Eudicots

Fagaceae (beech)	
Quercus douglasii	Blue oak
Quercus wislizenii	Interior live oak
Quercus lobata	Valley oak
Geraniaceae (Geranium)	
Erodium brachycarpum*	(a-) Whitestem filaree
Erodium botrys*	(a-) Long-beaked filaree (5")
Erodium cicutarium*+	(a-) Redstem filaree
Erodium moschatum*	(a-) Whitestem filaree
Geranium molle*	(a/p-) Dove's foot geranium
Hydrophyllaceae (Waterleaf)	
Eriodictyon californicum	Yerba santa
Hypericaceae (St. John's Worts)	
Hypericum perforatum*+	Klamathweed
Juglandaceae (Walnut)	
Juglans hindsii	California black walnut (NoCal)
Lamiaceae (mint)	
Lamium amplexicaule*	(a-) Giraffe's head
Marrubium vulgare*+	Horehound
Trichostema lanceolatum	(a-) Vinegarweed
Loasaceae (Rock nettle)	
Mentzelia laevicaulis	Blazing star
Lythraceae (Loosestrife)	
Lythrum hyssopifolia*+	Hyssop loosestrife
Montiaceae (Miner's lettuce)	
Calandrinia ciliata	Red maids
Calandrinia menziesii	(a-) Red maids
Claytonia perfoliata	(a-) Miner's lettuce
Moraceae (Mulberry)	
Ficus carica*+	Common fig
Myrtaceae (Myrtle)	
Eucalyptus globulus*+	Blue gum
Oleaceae (olive)	
Fraxinus latifolia	Oregon ash
Ligustrum Spp.*	Privet
Olea europaea*+	Olive tree
Onagraceae (Evening Primrose)	
Clarkia purpurea ssp. quadrivulnera	(a-) Winecup clarkia
Clarkia unguiculata	(a-) Elegant clarkia
Epilobium canum	California fuchsia
Epilobium brachycarpum	(a-) Tall willowherb
Ludwigia peploides*+	Water primrose
Papaveraceae (poppy)	
Eschscholzia californica	(a/p-) California poppy
Phrymaceae (Lopseed)	
Diplacus aurantiacus	(a-) Sticky monkey flower
Erythranthe guttata	(a/p-) Seep spring monkeyflower
Phytolaccaceae (Pokeweed)	
Phytolacca americana*+	Pokeweed

Eudicots

Plantaginaceae (Plantain)	
Keckiella breviflora	Gaping penstemon
Veronica anagallis-aquatica*	Water speedwell
Veronica americana	American Brooklime
Veronica persica*	(a-) Persian speedwell
Veronica arvensis*	(a-) Corn speedwell
Platanaceae (plane-tree)	
Platanus occidentalis*	American sycamore
Polygonaceae (Buckwheat)	
Rumex crispus*+	Curly dock
Ranunculaceae (buttercup, crowfoot)	
Clematis ligusticifolia	Virgin's bower
Rhamnaceae (Buckthorn)	
Frangula californica ssp. tomentella	Hoary coffeeberry
Rosaceae (rose)	
Prunus dulcis*	Almond
Prunus americana*	American plum
Prunus caroliniana*	Cherry laurel
Prunus cerasifera*+	Cherry plum
Pyracantha angustifolia*+	Pyracantha
Rosa californica	California wild rose
Rubus ursinus	California blackberry
Rubus armeniacus*+	Himalayan blackberry
Rubiaceae (madder, bedstraw, coffee)	
Cephalanthus occidentalis var. californicus	Button bush
Galium parisiense*	(a-) Wall bedstraw
Galium porrigens	Climbing bedstraw
Rutaceae (rue, citrus)	
Ptelea crenulata	California hop tree
Salicaceae (Willow)	
Populus fremontii ssp. fremontii	Fremont cottonwood
Salix gooddingii	Black willow
Salix exigua	Narrowleaf willow
Salix lasiandra	Pacific willow
Salix lasiolepis	Arroyo willow
Sapindaceae (Soapberry)	
Acer negundo ssp. californicum	Box-elder
Aesculus californica	California buckeye
Scrophulariaceae (figwort, snapdragon)	
Kickxia elatine*	Fluellin
Verbascum thapsus*+	Woolly mullein
Verbascum blattaria*	Moth mullein
Simaroubaceae (Quassia)	
Ailanthus altissima*+	Tree-of-heaven
Solanaceae (nightshade, potato)	
Buddleja davidii*+	Butterfly bush
Datura wrightii	Sacred thorn-apple
Nicotiana glauca*+	Tree tobacco
Nicotiana quadrivalvis	(a-) Indian tobacco
Solanum americanum	(a/p-) Nightshade
Verbenaceae (Vervain)	
Phyla nodiflora var. rosa	Garden lippia

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Eudicots

Verbenaceae (Vervain)

Verbena bonariensis*+ (a-) Blue vervain

Viburnaceae (Muskroot)

Sambucus mexicana Blue elderberry

Viscaceae (Mistletoe)

Phoradendron leucarpum ssp. Tomentosum Mistletoe
Phoradendron leucarpum ssp. macrophyllum Big leaf mistletoe

Vitaceae (grape)

Vitis californica California wild grape

Zygophyllaceae (Caltrop)

Tribulus terrestris*+ (a-) Puncture vine

Monocots

Agavaceae (Agave)

Amaryllis belladonna* Naked lady
Chlorogalum pomeridianum Soap plant

Amaryllidaceae (amaryllis)

Narcissus pseudonarcissus* Daffodil
Narcissus tazetta* Cream daffodil

Cyperaceae (sedge)

Carex barbarae Santa Barbara sedge
Cyperus rotundus* Purple nutsedge

Juncaceae (rush)

Juncus effusus Common rush

Poaceae (grass)

Arundo donax*+ Giant reed
Avena fatua*+ (a-) Wild oat
Holcus lanatus*+ Velvetgrass
Stipa pulchra Purple needle grass
Stipa miliacea var. miliacea*+ Smilo grass

Themidaceae (Brodiaea)

Brodiaea elegans Harvest brodiaea
Dipterostemon capitatus Blue dicks

Typhaceae (Cattail)

Typha latifolia Broad-leaved cattail

Fungi

Hericiaceae (Toothed Fungi)

Hericium coralloides* Comb tooth fungus

Tremellaceae ()

Tremella mesenterica* witches butter