

2026 GGN Plant List - Chris Lewis, 4900 Kenneth Ave, Carmichael

FRONT YARD	Page 1 of 3	PLANT	Year Planted
COMMON NAME	SCIENTIFIC NAME	FORM	
California buckeye	<i>Aesculus californica</i>	Tree	1998
Common Fiddleneck	<i>Amsinckia intermedia</i>	Annual	2022
Whiteleaf manzanita	<i>Arctostaphylos viscida</i>	Shrub	1998
CA Dutchman's Pipevine	<i>Aristolochia californica</i>	Vine	2011
Spice Bush	<i>Calycanthus occidentalis</i>	Shrub	1998
Ceanothus 'Ray Hartman'	<i>Ceanothus arboreus x Ceanothus griseus</i>	Shrub	2022
Western Redbud edible	<i>Cercis occidentalis</i>	Tree	1998
Elegant Clarkia	<i>Clarkia elegans</i>	Annual	2016
Miner's Lettuce edible	<i>Claytonia perfoliata</i>	Annual	2026
California Poppy	<i>Eschscholzia californica</i>	Annual/Perennial	1998
Siskiyou Blue Fescue	<i>Festuca idahoensis 'Siskiyou Blue'</i>	Grass	2022
Toyon / Christmas Berry Bush	<i>Heteromeles arbutifolia</i>	Shrub	1998
Island Alumroot Coral Bells	<i>Heuchera maxima</i>	Perennial	2017
Foothill Iris	<i>Iris macrosiphon</i>	Perennial	2011
June Grass	<i>Koeleria macrantha</i>	Grass	2020-22
Pitcher Sage	<i>Lepechinia calycina</i>	Shrub	2014
Pink Honeysuckle	<i>Lonicera hispidula</i>	Vine	2022
Torrey's Melic Grass	<i>Melica torreyana</i>	Grass	2022
Deer Grass	<i>Muhlenbergia rigens</i>	Grass	2022
Lacy (Tansy) Phacelia	<i>Phacelia tanacetifolia</i>	Annual	2020
Blue Oak edible	<i>Quercus douglasii</i>	Trees	1998
Valley Oak edible	<i>Quercus lobata</i>	Tree	1998
Live Oak edible	<i>Quercus wislizenii</i>	Tree	1998
Hollyleaf Redberry	<i>Rhamnus ilicifolia</i>	Shrub	2020-21
Salvia clevelandii 'Whirly Blue'	<i>Salvia clevelandii 'Whirly Blue'</i>	Perennial	2022
Hummingbird Sage	<i>Salvia spathacea</i>	Perennial	2021
California Goldenrod	<i>Solidago velutina</i>	Perennial	2009
Snowberry Bush	<i>Symphoricarpos albus</i>	Shrub	2012
Rogers Red CA Grape edible	<i>Vitis californica, Rogers Red</i>	Vine	2018

These are a few of uses of native plants in my yard. There are more, but I haven't investigated all of them!

Blue Elderberry – I have a deal with the birds. I can have the berries I can reach and they get the rest! We make Elderberry Crisp! But you can use the berries in any baked goods.

California Wild Rose – Rose hips have been used as tea for enjoyment and medicinally.

Coyote Mint makes a good tea.

Miner's Lettuce is great as a salad.

Oaks! Native American people have used acorns to make flour. I've never tried it but Acorn flour is gluten free!

Rogers Red Grapes are great as juice. They are also loved by birds, which is why I've trained 2 grape vine to climb oak trees where birds can eat them.

Western Redbud flowers are tasty in a salad.

Wild Tarragon – I just planted it this year. It has a lovely fragrance, nice taste, and since it is an Artemisia, has great wildlife and ecological benefits!

Woodland Strawberries. The berries are delicious but the wildlife usually gets them first!

BACKYARD	Page 2 or 3	PLANT FORM	Year PLANTED
COMMON NAME	SCIENTIFIC NAME		
Box Elder	<i>Acer negundo</i>	Tree	2010
Chamise	<i>Adenostoma fasciculatum</i>	Shrub	2023
California buckeye	<i>Aesculus californica</i>	Tree	2010
CA Dutchman's Pipevine	<i>Aristolochia californica</i>	Vine	2000, 2012
California Mugwort	<i>Artemisia douglasiana</i>	Perennial	2022
Wild Tarragon edible	<i>Artemisia dracunculus</i>	Perennial	2026
Narrow-leaf milkweed	<i>Asclepias fascicularis</i>	Perennial	2023
Quail Bush	<i>Atriplex lentiformis</i>	Shrub	2026
Coyote Brush	<i>Baccharis pilularis</i>	Shrub	2021-22
Oregon Grape	<i>Berberis aquifolium</i>	Shrub	2017
Creeping Oregon Grape	<i>Berberis repens</i>	Shrub	2022
Clustered Field Sedge (+Rain Garden)	<i>Carex praegracilis</i>	Grass	2016
Indian Paintbrush	<i>Castilleja foliolosa</i>	Perennial	2023, 26
Ceanothus 'Ray Hartman'	<i>Ceanothus arboreus x Ceanothus griseus</i>	Shrub	1998
Buck Brush	<i>Ceanothus cuneatus</i>	Shrub	2023
Lemmon's Ceaothus	<i>Ceanothus lemmonii</i>	Shrub	2022
Ceanothus 'Yankee Point'	<i>Ceanothus thyrsiflorus var. griseus</i>	Shrub	2022
Buttonbush (Rain Garden)	<i>Cephalanthus occidentalis</i>	Tree	1998
Western Redbud (Rain Garden) edible leave some volunteers	<i>Cercis occidentalis</i>	Tree	2010, 14
Mountain Mahogany	<i>Cercocarpus betuloides</i>	Tree/shrub	2023
Soap root	<i>Chlorogalum pomeridianum</i>	Bulb	2020
Elegant Clarkia	<i>Clarkia unguiculata</i>	Annual	2023
Red Osier Dogwood	<i>Cornus sericea</i>	Shrub	2022
Sticky Monkeyflower	<i>Diplacus aurantiacus</i>	Perennial	2020, 26
California Fuchsia (Rain Garden)	<i>Epilobium canum</i>	Perennial	2000
Yerba Santa (5 gallon when planted)	<i>Eriodictyon californicum</i>	Shrub	2023
California Poppy	<i>Eschscholzia californica</i>	Annual	1998
Woodland Strawberry (Rain Garden) edible	<i>Fragaria vesca</i>	Perennial	1998, 2026
California Coffeeberry	<i>Frangula californica</i>	Shrub	2024
Hoary Coffeeberry	<i>Frangula tomentella</i>	Shrub	2013
Oregon Ash	<i>Fraxinus latifolia</i>	Tree	2010
Great Valley gumplant	<i>Grindelia camporum</i>	Perennial	2023
Toyon/ Christmas Berry Bush	<i>Heteromeles arbutifolia</i>	Shrub	1998
Toyon/ Christmas Berry Bush (planted by birds)	<i>Heteromeles arbutifolia</i>	Shrub	2022, 2024
Coral Bells	<i>Heuchera maxima</i>	Perennial	2017
Hibiscus or Rose Mallow (Rain Garden)	<i>Hibiscus lasiocarpus</i>	Perennial	1998
California Goldfields	<i>Lasthenia californica</i>	Annual	2026
Incense Cedar	<i>Libocedrus decurrens</i>	Tree	1998
Chaparral Honeysuckle	<i>Lonicera interrupta</i>	Vine	1980
Silver Bush Lupine Transplanted 2 babies	<i>Lupinus albifrons</i>	Shrub	2020, 26
Common Madia	<i>Madia elegans</i>	Annual	2022
Grassy Tarweed	<i>Madia gracilis</i>	Annual	2022

BACKYARD (continued)	Page 3 of 3		
COMMON NAME	SCIENTIFIC NAME	PLANT FORM	Year planted
Cucumber Vine	<i>Marah oregana</i>	Vine	2016
Melica torreyana	<i>Melica torreyana</i>	Grass	2019
Coyote Mint edible	<i>Monardella villosa</i>	Perennial	2017,26
Deer Grass	<i>Muhlenbergia rigens</i>	Grass	2000
Evening Primrose	<i>Oenothera elata</i>	Biennial	2018
Foothill Penstemon	<i>Penstemon heterophyllus</i>	Perennial	2012
Pine Bee Flower - Reseeds easily, I keep when I like	<i>Phacelia imbricata</i>	Perennial	2019
Lacy (Tansy) Phacelia	<i>Phacelia tanacetifolia</i>	Annual	2019
Lippia	<i>Phyla nodiflora</i>	Perennial	2017
Pacific Ninebark	<i>Physocarpus capitatus</i>	Shrub	2022
Western Hazelnut	<i>Prunus virginiana var. demissa</i>	Tree	2021
Valley Oak	<i>Quercus lobata</i>	Tree	2000
Interior Live Oak	<i>Quercus wislizeni</i>	Tree	1998
Hollyleaf Redberry	<i>Rhamnus ilicifolia</i>	Shrub	2018
Hillside Gooseberry	<i>Ribes californicum</i>	Shrub	2020
Sierra Gooseberry	<i>Ribes roezlii</i>	Shrub	2020
California wild rose edible	<i>Rosa californica</i>	Shrub	1998
Blue Elderberry edible	<i>Sambucus nigra caerulea</i>	Tree	2000
Coastal Redwood	<i>Sequoia sempervirens</i>	Tree	1980
California Goldenrod	<i>Solidago velutina ssp. californica</i>	Perennial	2018
Snowdrop Bush	<i>Styrax redivivus</i>	Shrub	2013, 2018
Snowberry	<i>Symphoricarpos albus</i>	Shrub	1998, 2004
California Aster, + (rain garden)	<i>Symphyotrichum chilense</i>	Perennial	2000
California Aster "Purple Haze" – aggressive spreader	<i>Symphyotrichum chilense</i> "purple haze"	Perennial	2023
California grape, Rogers Red edible (Rain Garden)	<i>Vitis californica</i> Rogers Red	Vine	2018
POND/BIOFILTER			
Mosquito Fern	<i>Azolla filiculoides</i>	Fern	2017
Mulefat	<i>Baccharis salicifolia</i>	Shrub	2023
Button bush	<i>Cephalanthus occidentalis</i>	Tree	1998
Scarlet Monkeyflower	<i>Erythranthe cardinalis</i>	Perennial	2017
Seep Monkeyflower	<i>Erythranthe guttata</i>	Annual	2017
Hibiscus or Rose Mallow	<i>Hibiscus lasiocarpus</i>	Perennial	1998
Snowberry	<i>Symphoricarpos albus</i>	Shrub	2017
Narrow-leaved Cattail	<i>Typha angustifolia</i>	Perennial	1998
California wild grape, Rogers Red edible	<i>Vitis californica</i> Rogers Red	Vine	2018

AZOLLA (Mosquito Fern)– it is a Natural Biofertilizer, Weed Suppression Powerhouse, Water Quality Champion, Chicken Feed, and probably more!

Questions, email Chris at CNPSchris@gmail.com